



# The Heartbeat

July 2024



## Vermont Christian Church

PO BOX 178  
100 West 3<sup>rd</sup> Street  
Vermont, IL 61484

[www.vccfaith.com](http://www.vccfaith.com)

### Minister

Stacy Popejoy

### Secretary

Diane Martinez  
[vccoffice1@frontier.com](mailto:vccoffice1@frontier.com)  
309-784-5621



*Serve, Love, Live*

### Office Hours

Mon-Fri 8am-12pm

### Elders

#### Mike Ulmer

309.758.5413

#### Randy Parks

309.758.5465

#### Luis Martinez

309.313.5831

## Sidenotes from Stacy

Recently, I have been receiving a great deal of ads on my Facebook feed and emails that tell me exactly what I need to make my life better. Many of them are about weight control; workout routines, pills, and magic potions that will help me lose as much weight as I wish, in a short period of time, with little or no effort on my part at all. Now, I will be the first to admit that I need to lose weight, but I would prefer not being reminded of it every time I order pancakes at a restaurant and am asked if I would prefer sugar free syrup, or when I purchase unassembled furniture and am not so subtly told by the instructions that I must careful because there is a maximum weight limit, or when opening an email, or looking through Facebook. Overweight? I know, I know. And I know I must and want to do something about it. But no magic tea additive or gummy pill is going to miraculously make it happen, no matter what Kelly Clarkson says. It must be done by me alone and through my own efforts. (I am told there are ways to stop the sending of these emails and the presence of these ads, but whenever I attempt to follow those directions, I only end up getting more of each!)

In case you may be wondering what started me on this rant today, it was an email I received from Pray.com. I have been receiving emails from this group for sometime now and I cannot remember ever asking for them. But, this morning I actually read through it. It included a short devotional story with one scripture, a series of daily challenges labeled “reflections”, and a prayer, both written out and in audio form. The purpose of an email or an app like this is to help those who are either too busy or feel too insecure about their biblical knowledge to study on their own. Even though I believe study helps are good, it is important to remember they are just that – helps. It is still very important for each believer to open the Bible, read the Bible, and soak in what the Bible says. That is what moves us beyond staying spiritual infants only feeding on milk, to spiritually mature disciples feasting on the meat of the Word. I do not condemn the use of these app and email devotions, but don’t condone them as the only Bible study in which we participate.



Now the Lord is the Spirit,  
and where the  
Spirit of the Lord is,  
there is freedom.

2 Corinthians 3:17

# July 2024

Sun Mon Tues Wed Thurs Fri Sat

	1	2	3	4	5	6
7	8	9	10	11 Midwest	12 Community Cupboard	13
14	15	16	17	18	19	20 Bridal Shower
21 Community Cookout Music Apprec.	22 Board Meeting	23	24	25	26	27
28 Litchfield Reunion	29 <b>VBS</b>	30 <b>VBS</b>	31 <b>VBS</b>			

**Schedule of Events - July**

11 Midwest 11:00a.m.

12 Food Pantry Handout 4-6 pm

21 Music Appreciation

21 Community Cookout 1-3pm at the VCC Park

22 Board Meeting (Regular)

28 Litchfield Reunion 1pm Family Life Center

29 VBS Starts!

**June Averages**

Sunday School - 28  
Worship - 60  
General Funds- \$2,258.00  
Faith Promise- \$210.00

**Weekly Needs**

General Funds - \$2,125.27  
Faith Promise - \$310.00

**Building Fund**

June income - \$0.00

## Sunday Servants

<p><b>Greeters</b></p> <p>07: Jere &amp; Paula Greuel 14: Rick Riggins &amp; Rhonda Littrell 21: Brian &amp; Christen Parks 28: Donna Snowden &amp; Nancy Porter</p>	<p><b>Announcements</b></p> <p>07: Lyndall Snowden 14: Christen Parks 21: Shirley Roberts 28: Randy Parks</p>	<p><b>Meditation</b></p> <p>07: Rodney Parks 14: Becky Kluthe 21: Shirley Roberts 28: Randy Parks</p>	<p><b>Nursery</b></p> <p>07: Luis &amp; Diane Martinez 14: Brian &amp; Christen Parks 21: Sharon Parks &amp; Carmen Martinez 28: Connie Morrow &amp; Emery Behymer</p>
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<p><b>Monthly Servants</b></p>	<p><b>Elder</b> Randy Parks</p>	<p><b>Deacon</b> Tony Roberts</p>	<p><b>Deaconess</b> Lyndall Snowden</p>
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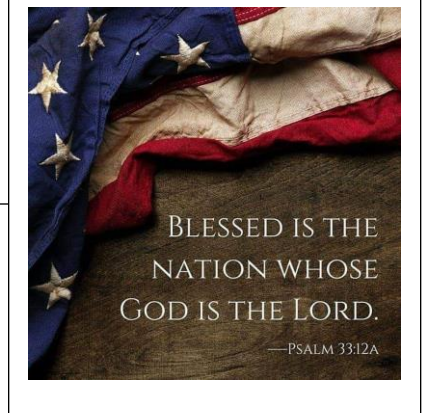
 **Birthdays**

01 Diane Martinez	21 Janet Young
04 Tim Tvrdik	23 Marla Butcher
05 Carolyn Rector	23 Daniel Riggins
06 Marge Cox	24 Donna Snowden
11 Donna Horwedel	25 Virginia Churchill
15 Rick Riggins	
16 Kay Morrow	

 **Anniversaries** 

4 Gene & Carolyn Rector  
8 Brad & Rhonda Kluthe  
22 Rodney & Brenda Parks







Join us Sunday,  
July 21 to  
recognize our  
Worship Team!

**Music Team**

Brenda Parks  
Emery Behymer  
Connie Morrow  
Cathy Ulmer  
Tony Roberts  
Georgia Jones

Marla Butcher  
Shirley Roberts  
Cindy Popejoy  
Janet Young  
Kathy Cox  
Adrianna Martinez

**Tech Team**

Mark Behymer  
Brenda Parks

Rodney Parks  
Amanda Behymer

Join us for a Bridal Shower  
Celebrating  
Marissa Lung  
Sunday, August 4 @ 2pm  
Family Life Center

RSVP before July 4<sup>th</sup>  
Becky 309.333.3364



**Sunday July 28<sup>th</sup> @ 1pm, VCC will be  
hosting the Litchfield Reunion. All profit  
will go towards**

**The sign-up sheets are on the table in the  
foyer for food needs and serving needs.**

**Find out where you can help today!**

Join us for a  
Bridal Shower  
Celebrating

**Ally Bithos**

Saturday, July 20 @ 2pm  
Family Life Center

RSVP before July 10<sup>th</sup>  
Cathy 309.221.1138



**Community Cookout**

Sunday, July 21<sup>st</sup>  
1pm – 3pm  
VCC Park

We will be getting ready for  
VBS week and can help you  
get your kids signed up!

Let us help you find your fit  
here at Vermont Christian  
Church

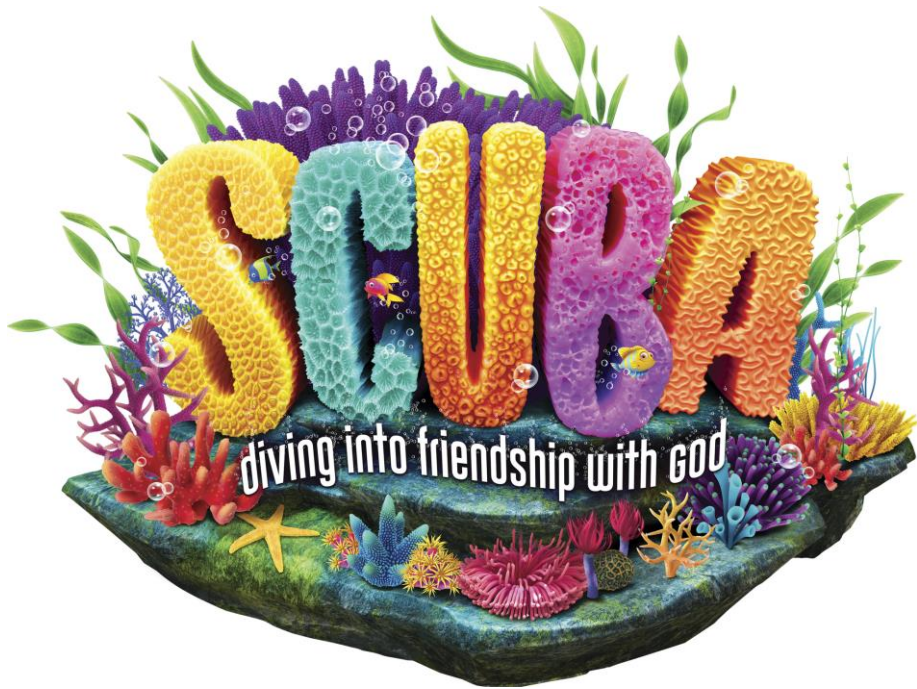
**CHURCH  
COOKOUT**



Regular Board Meeting

Monday July 22<sup>th</sup>  
7:30pm

In the Family Life Center  
Annual Meeting set for August 18



Change in Theme!!

VBS 2024

SCUBA

Join us as we dive into  
friendship with God!

July 29 – August 2  
6:00 – 8:15pm

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CHURCH**  
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